



SMT.MITHIBAI MOTIRAM KUNDNANI COLLEGE OF COMMERCE & ECONOMICS



GYMKHANA

&

SPORTS

DEPARTMENT

RAVINDRANATH GAIKAR (M.P.ED,B.P.ED,M.A(HIS),M.A(SCIO))
SPORTS DIRECTOR

THE COACHES APPOINTED FOR OUTDOOR ACTIVITIES –

- 
- 1) SUDHEER THANKACHAN (FOOTBALL)**
 - 2) CONROY REMEDIOS (HOCKEY)**
 - 3) SUNIL PEREIRA (BASKETBALL)**

COMMITTEE MEMBERS

Dr. CA. KISHORE S PESHORI - PRINCIPAL (CHAIRPERSON)

Ms. ASHA BHAT – (CONVENER)

Mr. SHRINIVAS AIYAR (CO-ORDINATOR)

Mr. RAVINDRANATH GAIKAR (SPORTS DIRECTOR DEGREE)

Mr. EUSTACE SALDANHA(MEMBER)

Ms. RAVNEET SYAN (MEMBER)

Ms. KIRAN BHAKTANI (MEMBER)

Ms. KUNJAL SOLANKI(MEMBER)

Ms. MEHHAK GYANI(MEMBER)



Our Motto: Persistence can change failure into achievement

VISION

To promote health-conscious environment full of joy & cheer among the institute as a whole including faculty, staff & students. To develop proficiency in various games and sports in the beneficiaries, and to start & end the day with physical activities much needed in this era digital games, internet, etc. for their well being.

MISSION

To propagate sportsman spirit, team work, ability to deal with success & failure, improve concentration, striving for goals, leadership among the student & employees of the institute.

To hunt co-curricular extra ordinary sports talent of students and nurture it for display at state and national level sports tournaments.

To develop physical, mental, emotional & spiritual personality of students to make them perfect human being ready to serve and develop nation.

AC GYMNASIUM



COACHING AVAILABLE IN COLLEGE

Football

Basketball

Hockey



Powerlifting & weightlifting



FACILITIES

Outdoor Game	Practice Venue
Hockey	Don Bosco School Ground, St. Andrews Ground, Bandra.
Football	Supari Talao, Near Mehboob Studio, Bandra(W), Municipal Public Ground
Basketball	College Premises, R.D. National College, University Of Mumbai Kalina Campus



OTHER FACILITIES

- ❖ Promotion and participation in state and national level events.
- ❖ Travelling Allowances.
- ❖ Scholarships.
- ❖ Sports Equipment and Accessories.
- ❖ Track Suits & Kit Bags.
- ❖ Bearing medical expenses in case of any injury to the Sports person while representing the college.
- ❖ Special coaching for sports students.
- ❖ Academic Support to promising and dedicated Athletes.



**EVENTS
CONDUCTED BY
COLLEGE
2018 TO 2025**


15th June to 21 June 2021



21 June 2021



1 of 2




Smt. Mithibai Motiram Kundnani College of Commerce & Economics
Vidyasagar Principal K.M.Kundnani Campus
Adv. Nari Gursahani Rd, T.P.S III, Mumbai, Maharashtra 400050
NAAC Re-accredited "A" Grade College(3rd Cycle – May 2017)

'Sa Vidya Ya Vimuktaye Dadati Charitra'
60th Diamond Jubilee Celebration
1961-2021
'Ashtanga'

On the Occasion of International Yoga Day, 2021
Organises

5Days Yoga Workshop
Theme: RE-DISCOVER YOUR INNER PEACE DURING PANDEMIC WITH YOGA





Being confined at home with our mind flooded with the uncertainty of future, where our mental health is disturbed Let's embrace YOGA to take care of our mind, body and soul at home

Enrol Now!!!
Registration Free: E –Certificates on successful completion of workshop

15-21 June | 2021

Yoga Instructor -Sayed Juned Mehmood Hussain

Workshop Time For Students:
Junior College : 4:00 pm to 5:00 pm

About 100 students participated in this Yoga workshop




Smt. Mithibai Motiram Kundnani College Of Commerce and Economics

In Association With
Institute of Nutrition and Fitness Sciences

Invites All The Students To The Event
HOLISTIC HEALTH WITH INFS

Venue
MMK College Terrace

Date & Time
21st June 4 - 6 pm

Event Speaker



Praveen Budharani
INFS Senior Faculty,
ICN Athlete, NSCA Certified
Strength & Conditioning
Coach

Dr. C.A Kishore Peshori
(Principal)

Mr. Eustace Saldanha
(Sports Director)

Mrs. Roma Wagh
(Vice-Principal Junior College)

www.infs.co.in

Seminar on Holistic health on International Yoga Day. Mr Praveen Budharani Internationally qualified strength and conditioning expert oriented students about healthy lifestyle. 66 students registered themselves for the seminar.

14th August 2021



The poster is for an online Olympic quiz. At the top, it features the college logo and name: SMT. MITHIBAI MOTIRAM KUNDNANI COLLEGE OF COMMERCE AND ECONOMICS, Vidyasagar Principal K.M. Kundnani Bandra Campus, Adv. Nari Gursahani Road, TPS-III, Off. Linking Road, Bandra (W), Mumbai-50. The theme is 'Saa Vidya Ya Vimuktaye Dadati Charitra'. The event is a 'Diamond Jubilee Celebration 1961-2021' with the theme 'Ojas'. It presents an 'ONLINE OLYMPIC QUIZ' featuring an illustration of a hand holding a torch and the Olympic rings. Below this, it states 'E-CERTIFICATES FOR THOSE WHO SCORE 50% AND ABOVE MARKS' and provides the date 'DATE - 14TH AUGUST -2021, SATURDAY' and time 'TIME- 11.00 AM - 11.15 AM'. At the bottom, it lists the organizers: Dr CA Kishore Peshori (I/C Principal), Ms. Roma Wagh (Vice - Principal Junior College), Dr Vishal R Tomar (Diamond jubilee Coordinator), and Mr. Eustace Saldanha (Sports In-Charge). A registration link is provided at the bottom: 'REGISTRATION & PARTICIPATION LINK CLICK HERE'.

About 123 Students Participated in the Olympic Quiz.
E-certificates were given to all the participants who scored 50% and above marks.

28th August 2021



The poster is for a talk show on National Sports Day. It features the college logo and name: SMT. MITHIBAI MOTIRAM KUNDNANI COLLEGE OF COMMERCE AND ECONOMICS, Vidyasagar Principal K.M. Kundnani Bandra Campus, Adv. Nari Gursahani Road, TPS-III, Off. Linking Road, Bandra (W), Mumbai-50. The theme is 'Saa Vidya Ya Vimuktaye Dadati Charitra'. The event is a 'Diamond Jubilee Celebration 1961-2021' with the theme 'Ojas'. It organizes a talk show on 'CAREER OPPORTUNITIES IN SPORTS' on the occasion of National Sports Day. The chief guest is Padmashri Dr. Dhanraj Pillay. The guest speaker is Mr. Ryland Dmonte, Pursuing Masters of sports management, University of Technology, Sydney. The event is organized by Ms. Tanaz Mohammed, Grassroots Development officer, Mumbai City FC. The date is Saturday 28th August, 2021 at 4.15pm. The registration link is 'CLICK HERE TO REGISTER'. The Google Meet link is 'meet.google.com/tva-ermf-zbz'. Below the text, there are three circular portraits of the speakers: Dr CA Kishore Peshori (I/C Principal), Ms. Asha Bhat (Vice Principal (Degree)), Ms. Roma Wagh (Vice-Principal (Junior)), Dr Vishal R Tomar (Diamond jubilee Coordinator), and Mr. Eustace Saldanha (Sports Incharge - MMK).

National Sports day was conducted successfully on 28th August 2021.
approximately 160 participants were present for the event via google meet and YouTube.
Padmashree Dr.Dhanraj Pillay was present as a chief guest who had a interactive session with the host on various topics like how to handle mental pressure, sportsmanship, on field performance,

Khelo MMK

Induction Programme for students to build a sports culture.

Chief guest Mrs. Dipika Murthy (International Hockey player)

who addressed the students about how sports helps in the development of a holistic personality. More than 100 students were present for the induction of the event.

Smt. Mithibai Motiram
Kundnani College of
Commerce & Economics,
Bandra (W), Mumbai-400050.

**Khelo
MMK
2022-2023**

COME ALL, LET'S PLAY ON!

Chief Guest:
Ms. Dipika Murthy,
(International Hockey Player)

Prof. CA. Kishore S. Deshpande, (Principal) Ms. Asha Dhal, (Vice Principal) Mr. Eustace Saldanha, (Sports Director)

Induction of Event: 12th August, 2022.
(Followed by Table Tennis and Chess Event)
Venue : Conference Hall.
Reporting Time : 10:00 am.

28th “Vidya sagar ” Principal K.M.Kundnani and Barrister H.G.Advani Memorial Inter-Collegiate Chess Tournament 84 Students Participate in this event form different college under the Board.



University of Mumbai Inter- Zonal Table Tennis Tournament.6th September 2022-23.



University of Mumbai Inter- Zonal Table Tennis Tournament. 8 zones consisting of 40 participants participated in this event on 6th september 2022-23.

7th HSNC Boards Padma Bhushan Late Dr. L.H Hiranandani Inter-collegiate Football Tournament.
17 teams participated in this events on 20th,21st & 22nd september2022-23.





University Of Mumbai Inter-Collegiate Hockey Zone -II Tournament on 24th November 2022-23.

4 teams participated in the boys category and 3 teams participated in the girls category.



All India Inter University (West Zone)
Inter-University Table Tennis tournament for Women. 52 universities from the west zone of India participated in this mega event.

1. We conducted HSNC Board's 29th "Vidya Sagar" Principal K.M.Kundnani and Barrister H.G. Advani Memorial Inter-Collegiate Chess Tournament for Men and Women on 11th August and 12th August 2023-24.



UNIVERSITY OF MUMBAI INTER ZONAL POWERLIFTING TOURNAMENT 2023-24

DATE :- 4TH & 5TH JANUARY 2024

UNIVERSITY OF MUMBAI INTER- ZONAL POWERLIFTING TOURNAMENT.MENS & WOMENS 4 ZONE PARTICIPANTS IN THIS TOURNAMENT WHICH CONSISTED OF 97



We conducted HSNC Board “Late Dr.L.H. Hiranandani Memorial Inter-Collegiate Football Tournament for Men and Women on 11th January to 13th January 2024. 8 from the Degree Boys 5 teams from jounir Boys & 4 team of Girls Category participated in the tournament which consisted of 340 participants



SMT.MITHIBAI MOTIRAM KUNDNANI COLLEGE OF COMMERCE AND ECONOMICS.
KHELO MMK ANNUAL SPORTS DAY.

7th February, 2024



HSNC
SMT. MITHIBAI MOTIRAM KUNDNANI COLLEGE
OF COMMERCE & ECONOMICS
organizes
"KHELO MMK"
ANNUAL SPORTS DAY
2023-24
07th February 2024
Venue:
Orman Francis Lewis Ground (Supari Talao)
PROF. CA. KISHORE S. PESHORI
PRINCIPAL



1. We conducted HSNC Board's 30th "Vidya Sagar" Principal K.M.Kundnani and Barrister H.G. Advani Memorial Inter-Collegiate Chess Tournament for Men and Women on 30th July and 31st July 2024-25

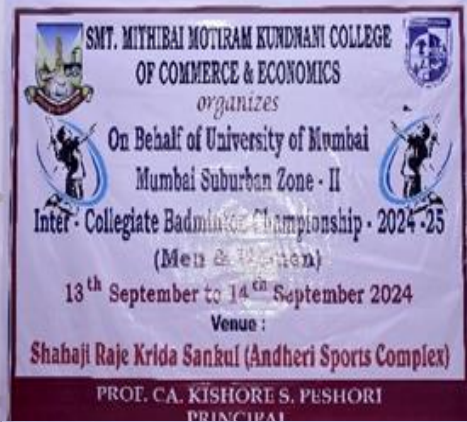


UNIVERSITY OF MUMBAI INTER COLLEGIATE BADMINTON TOURNAMENT 2024-25

DATE: - 13TH & 14TH SEPTEMBER 2024

University of Mumbai Inter collegiate badminton Tournament men's & women's

total men's team 45 & women's team 32 participants in this tournament which consisted of 350 plyers participated in this event.



We conducted 9th HSNC Board “Late Dr.L.H. Hiranandani Memorial Inter-Collegiate Football Tournament for Men and Women on 29th, 30th & 31st August 2024-25



TEAM ACHIEVEMENT IN INTER-COLLEGIATE TOURNAMENT 2018-19, 2019-20

- Men's & Women's Hockey team won the Bronze Medal University of Mumbai Inter Collegiate Competition 2018-19.

Men's & Women's Hockey team won the Bronze Medal University of Mumbai Inter Collegiate Competition 2019-20.



TEAM ACHIEVEMENT IN INTER-COLLEGIATE TOURNAMENT - 2022 - 23

WOMEN HOCKEY TEAM
WON GOLD MEDAL



MEN HOCKEY TEAM
WON SILVER MEDAL



BASKETBALL MEN TEAM
WON SILVER MEDAL



TEAM ACHIEVEMENT IN INTER-COLLEGIATE TOURNAMENT – 2023 - 24

➔ Men's Lawn Tennis team won the Silver Medal University of Mumbai Inter Collegiate Competition 2023-24.

Men's Basketball team won the Silver Medal University of Mumbai Inter Collegiate Competition 2023-24

Men's Women's Hockey team won the Silver Medal University of Mumbai Inter Collegiate Competition 2023-24



TEAM ACHIEVEMENT IN INTER-COLLEGIATE TOURNAMENT - 2023 - 24

- 8th HSNC Board's Padma Bhushan Late L.H,HIRANANDANI memorial Inter- collegiate football Tournament 11th to 13th January 20224 man's women's team won silver Medal



TEAM ACHIEVEMENT IN INTER-COLLEGIATE TOURNAMENT – 2024 - 25

- UNIVERSITY OF MUMBAI INTER COLLEGIATE BASKETBALL TOURNAMENT ORG. BHAVANS COLLEGE HELD AT. UNIVERSITY OF MUMBAI KALINA CAMPUS OUR COLLEGE BASKETBALL MEN'S TEAM WON BRONZE MEDAL & WOMEN'S TEAM SILVER MEDAL

UNIVERSITY OF MUMBAI INTER COLLEGIATE ONE ZONE HOCKEY TOURNAMENT ORG. HELD AT. KHALSA COLLEGE OUR COLLEGE MEN'S HOCKEY TEAM WON SILVER MEDAL



TEAM ACHIEVEMENT IN INTER-COLLEGIATE TOURNAMENT - 2024 - 25

UNIVERSITY OF MUMBAI INTER COLLEGIATE ONE ZONE HOCKEY TOURNAMENT ORG. HELD AT. KHALSA COLLEGE MATUNGA OUR COLLEGE WOMEN'S HOCKEY TEAM WON BRONZE MEDAL.

YPL INTER COLLEGIATE BASKETBALL TOURNAMENT ORG. HELD AT. KANDIVALI OUR COLLEGE BASKETBALL WOMEN'S TEAM WON GOLD MEDAL.



TEAM ACHIEVEMENT IN INTER - COLLEGIATE TOURNAMENT - 2024 - 25

9TH HSNB BOARD'S PADMA BHUSHAN LATE L.H,HIRANANDANI MEMORIAL INTER- COLLEGIATE FOOTBALL TOURNAMENT 11TH TO 13TH JANUARY 2024 MEN'S TEAM WON GOLD MEDAL

➤ 9TH HSNB BOARD'S PADMA BHUSHAN LATE L.H, HIRANANDANI MEMORIAL INTER-COLLEGIATE FOOTBALL TOURNAMENT 11TH TO 13TH 2024 WOMEN'S TEAM WON SILVER MEDAL.





SPORTS STUDENT ACHIEVEMENT IN INTERNATIONAL

Armaan Bhatia (Lawn Tennis)

Represented world university lawn tennis championship held at China 2018-19.

Represented maharashtra lawn tennis team gold medal at khelo India youth games.

University of mumbai inter collegiate lawn tennis championship. won silver medal 2018-19.



Shyamu Jaiswal

Represented indian chestoball men's team Won gold medal. 2022-23



Boris Pereira

Represented Indian men's karate – do international tournament 2022-23





**SPORTS STUDENT
ACHIEVEMENT IN
STATE, ALL INDIA INTER
UNIVERSITY, NATIONAL
2018-19 TO 2024-25**

Riya Tank

- Represented maharashtra football team national level.2018-19
- Represented maharashtra team khelo india youth games.2018-19
- Represented maharashtra football team senior national . 2019-20
- Represented college intercollegiate football women's tournament 2022-23 in which the team won bronze medal.
- Represented college at 5th state level intercollegiate vishwanath sports meet 2022-23 in which the team won gold medal.
- Represented mumbai suburban at inter zone football women's tournament 2022-23 in which the team won gold medal.
- Represented mumbai suburban at inter zone football women's tournament 2023-24 in which the team won gold medal.
Selected for represent university of Mumbai west zone & Ashvamedha Tournament Won Gold Medal.



Synclair Dsouza(cycling)

1. Bronze medal in team time trial at the national

(March 2021).

2. One Silver medal in individual at the 2021 State selection for nationals. finished 8th in individual at the 2021 nationals.

3. University of mumbai Intercollegiate and Inter zone cycling men's tournament 2022-23 and qualified to represent university of mumbai in west zone inter university cycling championship.2022-23.

4. University of mumbai Intercollegiate and Inter zone cycling men's tournament 2023-24 Gold medal and qualified to represent uuniversity of mumbai in all india inter university cycling championship. Amritsar 2023-24.



Priya Dubey(Hockey)

Participated in Senior National state championship 2021(Jhansi).

Participated in Inter university hockey women's (WEST ZONE).

Selected in sports authority of india from bhopal(SAI).

Khelo India U-21 hockey league phase -1 (Delhi).

Represented college at Intercollegiate hockey women's tournament 2022-23 in which the team won a gold medal.

Represented mumbai suburban at inter zone hockey women's tournament 2022-23 in which they won silver medal.

Represented university of mumbai at inter-university hockey women's tournament (West Zone) 2022-23.





Manavi Jadhav (Hockey)

- Participated in junior women's academy nationals in the year 2021-2022 held at odisha.
- Represented college at inter-collegiate hockeywomen's tournament 2022-23 in which the team won a gold medal.
- Represented mumbai suburban at inter zone hockey women's tournament 2022-23 in which they won silver medal.
- Represented mumbai university hockey team all india inter university west zone 2022-23.
- Represented mumbai university hockey team all india inter university west zone 2023-24.

BHOOMI KORDE (JUDO)



Bhoomi Korde
Judo
2022-23



1) Represented college at inter-collegiate judo women's tournament (2022-23 in which she won a gold medal.

2) Represented mumbai suburban at inter zone judo women's tournament 2022-23 in which she again won a gold medal and got selected to represent university of mumbai in inter university tournament.

3) Represented mumbai suburban at inter zone judo women's tournament 2023-24 in which she again won a gold medal and got selected to represent university of mumbai in all india inter university tournament Amritsar 2024-25

4) university of Mumbai inter collegiate one zone judo women's tournament 2024-25 in which she again won a gold medal and got selected to represent university of mumbai in all india inter university tournament Amritsar 2024-25



Bhoomi Korde
Judo
2022-23



Kashish Shaikh (Hockey)

Participated in junior women's academy nationals in the year 2021-2022 held at odisha.

Participated in khelo india women's hockey league (phase 1) in the year 2021-2022 held at Delhi.

Represented college at inter-collegiate hockey women's tournament 2022-23 in which the team won a gold medal.

Represented mumbai suburban at inter zone hockey women's tournament 2022-23 in which they won silver medal.

Represented university of mumbai at inter-university hockey women's tournament

(West Zone) 2022-23.

Represented university of mumbai at inter-university hockey women's tournament

(West Zone) 202-24.



Divya Pithava(Hockey)

- Participated in 9th hockey india sub junior national championship women's 2019-2020 held at rajasthan.
- Represented college at inter-collegiate hockey women's tournament 2022-23 in which the team won a gold medal.
- Represented mumbai suburban at inter zone hockey women's tournament 2022-23 in which they won silver medal.
- Represented university of mumbai at inter-university hockey women's tournament
- (West Zone) 2022-23
- Represented university of mumbai at inter-university hockey women's tournament
- (West Zone) 2023-24



Liston Vaz(Lawn Tennis)

Selected to represent university of mumbai lawn tennis team west zone inter university 2021-22

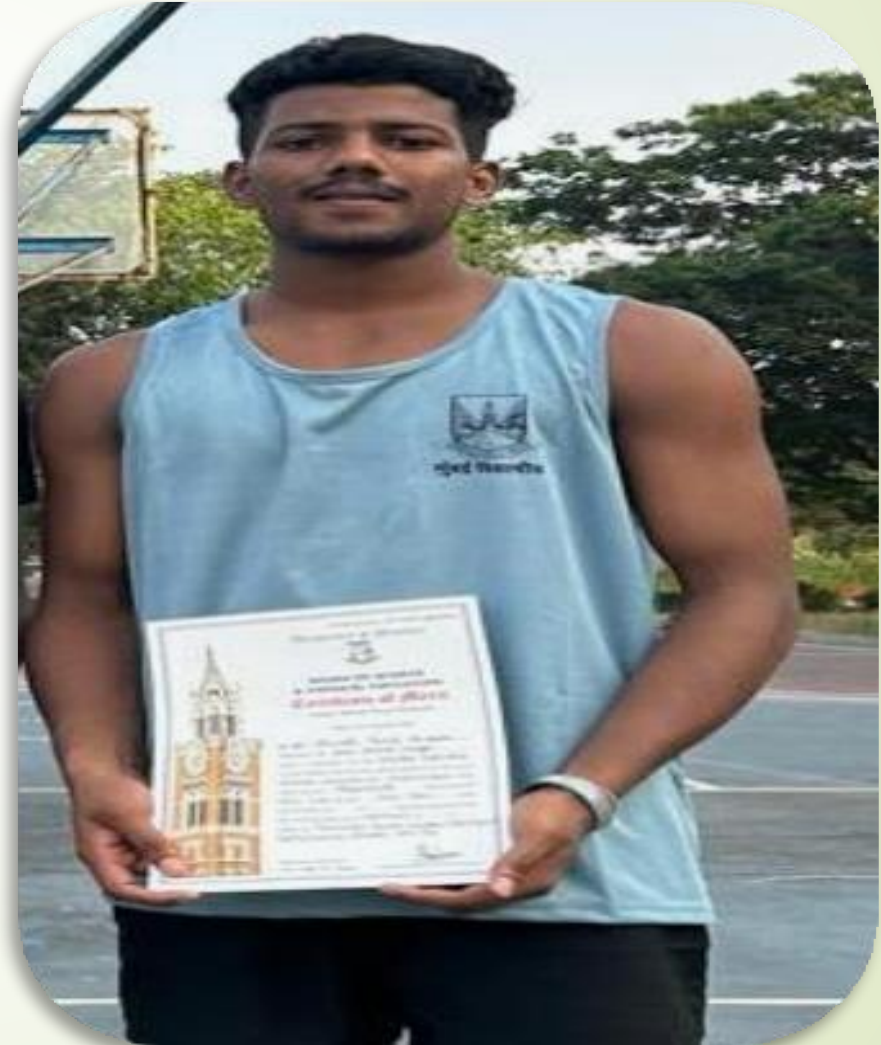
Selected to represent university of mumbai lawn tennis team. west zone inter university 2022-23

Selected to represent university of mumbai lawn tennis team. west zone inter university 2023-24



Yuvraj Shivralu(Basketball)

- Represented college at inter-collegiate basketball men's tournament 2022-23 in which the team won silver medal.
- Represented mumbai suburban at inter zone basketball men's tournament 2022-23 in which the team won silver medal.
- Represented mumbai suburban at inter zone basketball men's tournament 2023-24 in which the team won silver medal



Aryan Pagare (Hockey)

Participated in 1st hockey india junior men's inter academy national championship 2021-2022 held at Bhopal.

Represented college at intercollegiate hockey men's tournament 2022-23 in which the team won silver medal.

Represented mumbai suburban at inter one hockey men's tournament 2022-23 in which the team won gold medal.

Represented university of mumbai at inter-university hockey men's tournament 2022-23.

Represented university of mumbai at inter-university hockey men's tournament 2023-24.



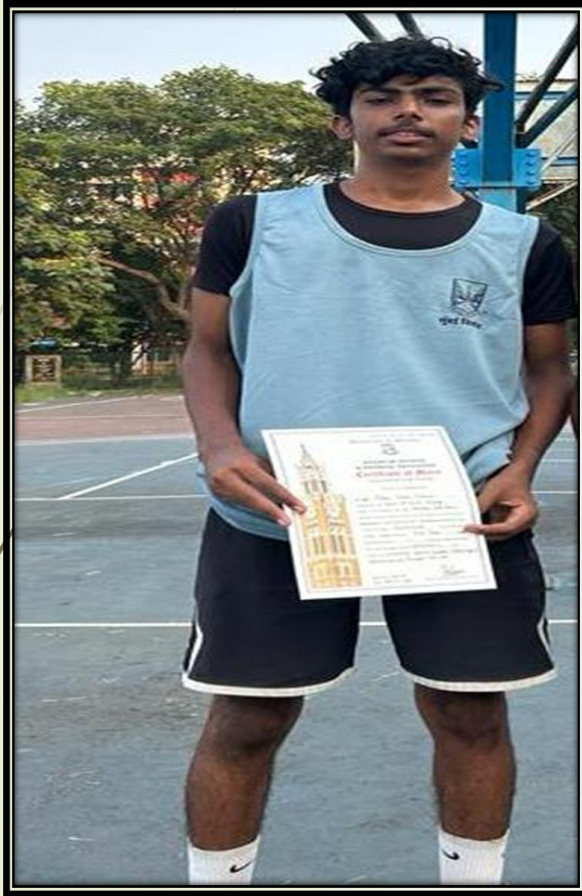
ROHAN PILLAY (HOCKEY)



University of Mumbai inter collegiate hockey tournament our college men's Team won silver medal and selected for Mumbai suburban zone II hockey team won silver medal org. M.L. dahanukar College held at SAI Kandivali

University of Mumbai inter collegiate one zone hockey tournament our college men's Team won silver medal and selected for all india inter University west zone 2024-25

AMIT YADAV (BASKETBALL)



University of Mumbai inter collegiate Basketball tournament our college team won silver medal and represent Mumbai suburban zone II Basketball team. Mumbai suburban Basketball Won silver medal University Of Mumbai Inter zonal Basketball tournament 2023-24

University of Mumbai inter collegiate Basketball tournament our college team won Bronze medal and represent Mumbai suburban zone II Basketball team. Mumbai suburban Basketball Won silver medal University Of Mumbai Inter zonal Basketball tournament 2024-25

Vajreshwari Yadav(Hockey)

- Represented university of mumbai hockey team inter university (west zone) in the year 2021-2022 held at gwalior.
- Represented college at inter-collegiate hockey women's tournament 2022-23 in which the team won a gold medal.
- Represented mumbai suburban at inter zone hockey women's tournament 2022-23 in which they won silver medal.
- Represented university of mumbai at inter-university hockey women's tournament (West Zone) 2022-23.





Priyanka Mhatre(Hockey)

Represented college at inter-collegiate hockey women's team won a gold medal.

2022-23

Represented mumbai suburban at inter zone hockey women's tournament 2022-23 in which they won silver medal.

Aaradhana Jadhav (Hockey)



- Represented college at inter-collegiate hockey women's team won a gold medal 2022-23.
- Represented mumbai suburban at inter zone hockey women's team won silver medal 2022-23.
- Represented university of mumbai inter-university hockey women's tournament (West Zone) 2022-23.

SHRUTI RUKE (HOCKEY)

Represented college at inter-collegiate hockey women's tournament 2022-23 in which the team won a gold medal.

Represented mumbai suburban at inter zone hockey women's tournament 2022-23 in which they won silver medal.





Pranali Poojari (Football)

Represented college at inter-collegiate football women's tournament 2022-23 in which the team won bronze medal.

Represented college at 5th state level inter-collegiate vishwanath sports meet 2022-23 in which the team won gold medal.

Represented mumbai suburban at inter zone football women's tournament 2022-23 in which the team won gold medal.



Anupam Poojary(Football)

Participated in mumbai uuniversity (West zone) in the year 2021-2022 held at Rajasthan.

Represented college at inter-collegiate football men's tournament 2022-23.

Represented mumbai suburban at inter zone football men's tournament 2022-23 in which the team won gold medal.

Represented university of mumbai at inter-university football men's tournament 2022-23. also, represents HDFC bank under elite corporation division in mumbai football association league.

Poonam Yadav(Table Tennis)



Represented mumbai suburban at inter-zone table tennis women's tournament 2022-23 in which the team won silver medal.

Represented university of mumbai at inter-university table tennis women's tournament 2022-23.

Won gold medal at maharashtra state olympics games 2022-23.

COLLEGE TOTAL STUDENT PARTICIPATION DISTRICT, INTER COLLEGIATE, INTER ZONE , STATE ,ALL INDIA INTER UNIVERSITY ,NATIONAL KHELO INDIA & INTERNATIONAL LEVEL TOURNAMENTS,2018-19 TO 2024-25

	DISTRICT	INTER-COLLEGIATE	INTER ZONE	STATE	ALL INDIA UNIVERSITY	NATIONAL	KHELO INDIA	INTERNATIONAL
2018-19	06	172	00	04	12	8	3	1
2019-20	00	178	00	7	9	10	00	00
2020-21	00	4	2	00	00	00	7	00
2021-22	00	00	00	00	5	00	00	00
2022-23	94	20	04	12	00	00	1	2
2023-24	00	176	22	02	07	03	00	00
2024-25	04	206	10	00	04	03	00	00



**THANK
YOU**